

Case 8 – Oesophagus, Hard

Diagnosis – Benign stricture with pseudodiverticulosis

If a stricture demonstrates neither shouldering nor mucosal destruction, it will be benign. This does not obviate the need for a subsequent OGD, as if the patient is symptomatic they will likely need endoscopic dilatation. In this case the patient also had intramural pseudodiverticulosis which is uncommon but usually ascribed to gastro-oesophageal reflux. It lends further weight to the diagnosis of a benign stricture.