Dear Colleagues,

A big "Thank you!" to **24 amazing BSGAR Mentor Volunteers** who helped BSGAR launch a very successful pilot Mentoring Program in 2021! They allowed all 10 young BSGAR-dian Mentees to successfully match to their first choice mentors and are all well into their year long journey together. Plus - the mentors are all staying again on this year. Truly inspirational!

The call for **BSGAR Mentors 2022** is now open!! Let's harness some of that energy and enthusiasm we witnessed at the Mentoring Program Parallel Session BSGAR 2022!

With help from the **Academy of Medical Sciences (AoMS)** the Program aims to provide junior BSGAR members / young consultants a platform for career and developmental support, by pairing them with a senior BSGAR member.

For more information, please see attached document or visit the website here https://www.bsgar.org/society/mentoring-programme/

Some benefits of Mentoring to Mentors are discussed in this Forbes article: https://www.forbes.com/sites/markcperna/2022/01/21/3-reasons-mentoring-helps-the-mentor-not-just-the-mentee/

BSGAR welcomes and encourages its members to sign up as Mentor on our Mentoring Scheme. No experience is required as Training will be provided.

To sign up, simply complete the Mentor form via this link https://forms.gle/gZQNd7XqPxU2VFNY7 The application window will stay open until Friday 24 June 2022.

Please do not hesitate to contact me if you have any questions about this program. Thank you and good luck! Cindy

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