

THE GREAT PRETENDER :

Multi-system Langerhans Cell Histiocytosis Mimicking Hepatic Micro-Abscesses

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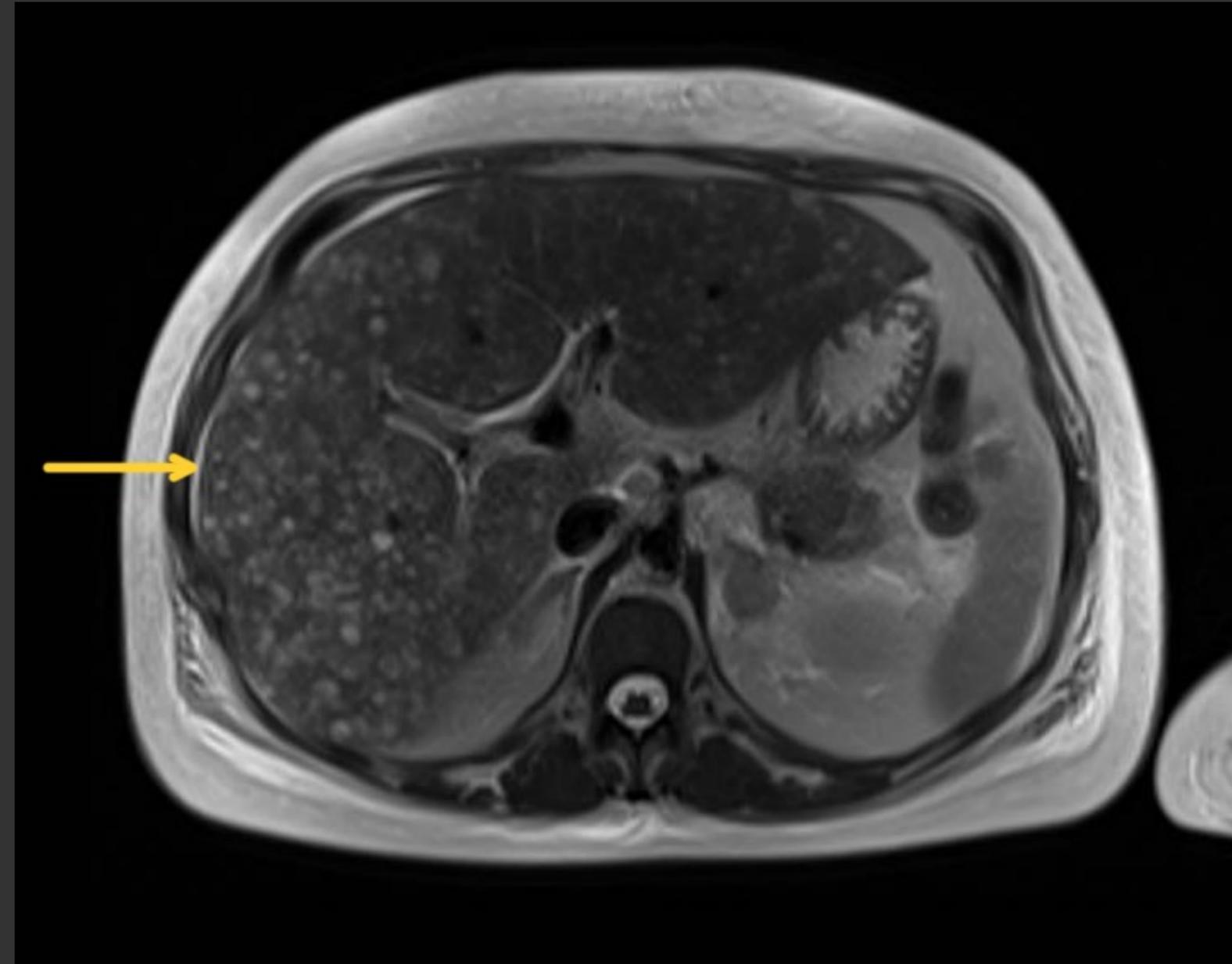
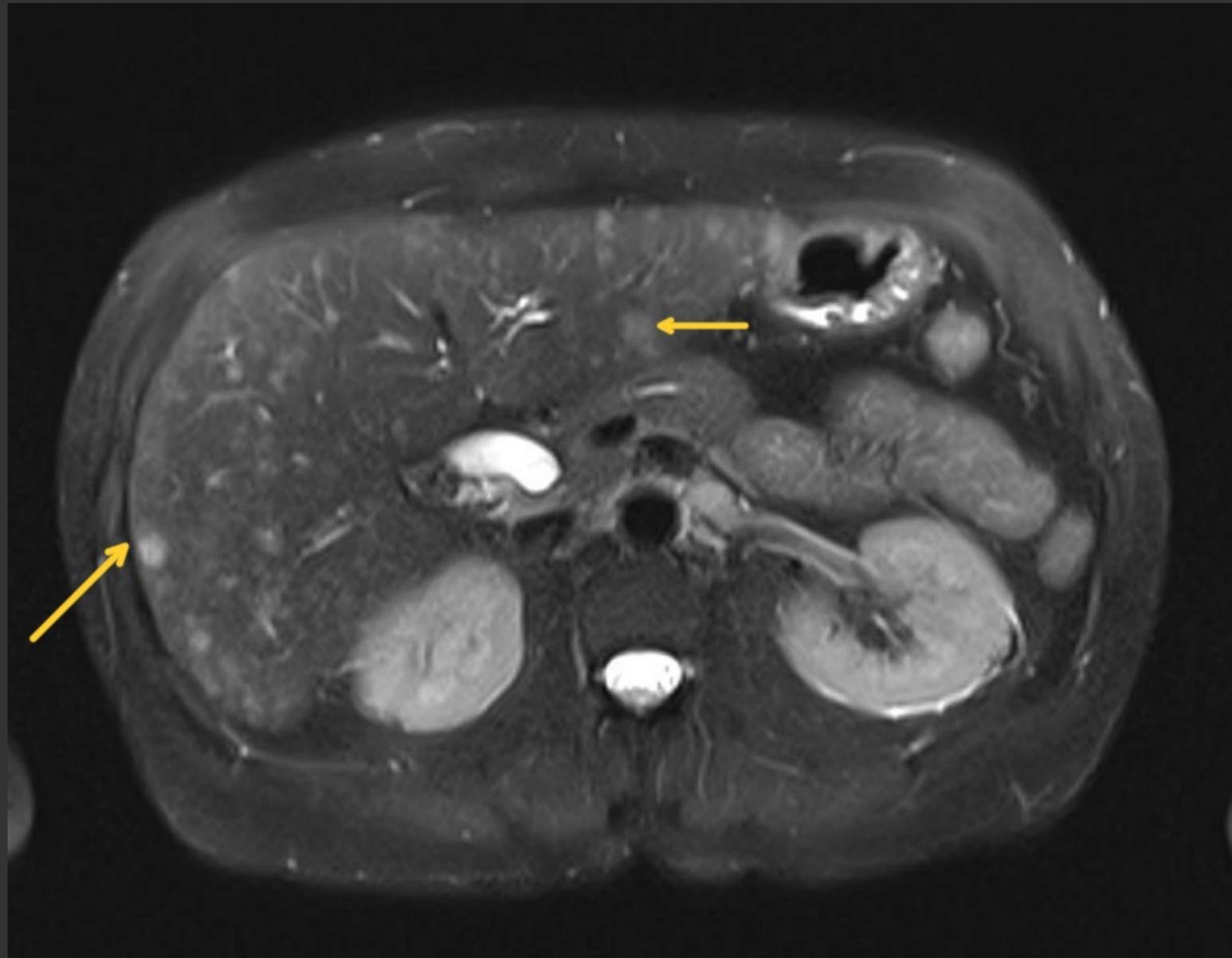
Introduction

- Langerhans cell histiocytosis (LCH) is a rare clonal myeloid dendritic cell disorder.
- Adult multisystem disease is uncommon and frequently under-recognised.
- Hepatic involvement is rare and can closely mimic infection or granulomatous disease.
- Diagnosis is often delayed due to non-specific imaging and partial treatment response.

Clinical Presentation -

- Middle aged woman
- 2 month history of -
 - Night sweats
 - Weight loss
 - Right upper quadrant abdominal pain
 - No foreign travel
 - No immunosuppression

Initial Imaging CT- TAP



Multiple tiny nodular lesions scattered in the liver showing peripheral enhancement and minimal restriction.

MRI Liver

Multiple nodular lesions in the liver showing

- peripheral enhancement
- restricted diffusion
- discrete lesions
- no conglomeration or larger abscess formation.



Histology

Liver biopsy :

- Micro-abscesses
- Occasional reactive granulomas
- Cultures initially negative

Early Differentials

- Bacterial abscesses
- Fungal infection
- Disseminated tuberculosis
- Granulomatous disease

MDT Discussion

- Differentials included —
 - partially treated TB,
 - sarcoidosis
 - bacterial abscess
 - fungal abscess
- Actinomycosis was considered but felt unlikely based on imaging and biopsy.
- Imaging follow-up recommended.

Treatment and microbiology

- Prolonged antibiotics : Co-amoxiclav + amoxicillin (six weeks)
- Extensive microbiology, negative TB, fungal, bacterial and viral causes.
- Later, culture growth - Streptococcus oralis.

**Interval
Imaging -
(MRI Liver)**

**Regression,
but not
resolution.**

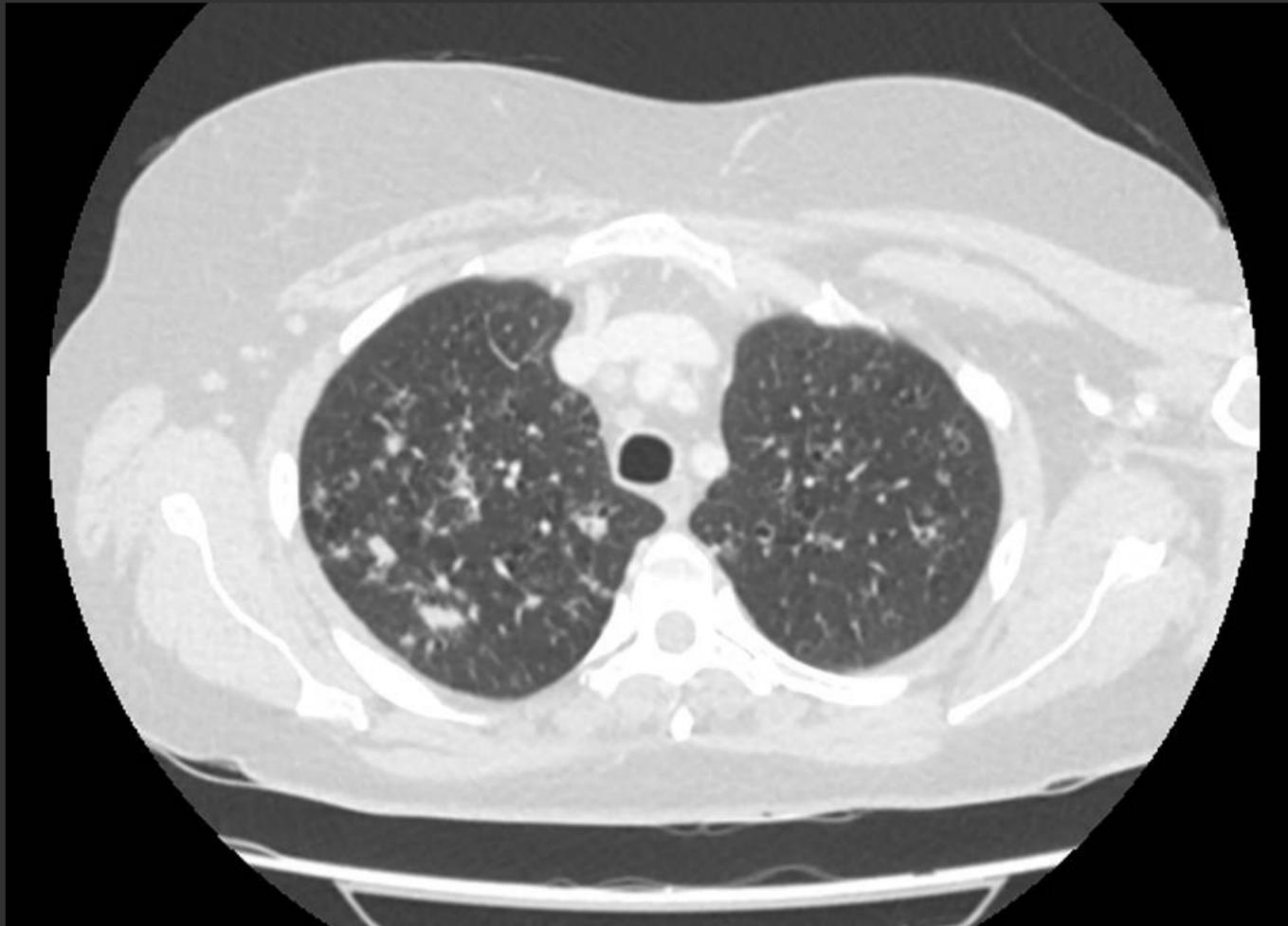


Disease, evolution: new systemic features

- Re-presentation with
 - Fever
 - Polyuria
 - Polydipsia
 - Cough
 - Raised inflammatory markers
 - Multisystem pathology

New imaging: CT thorax

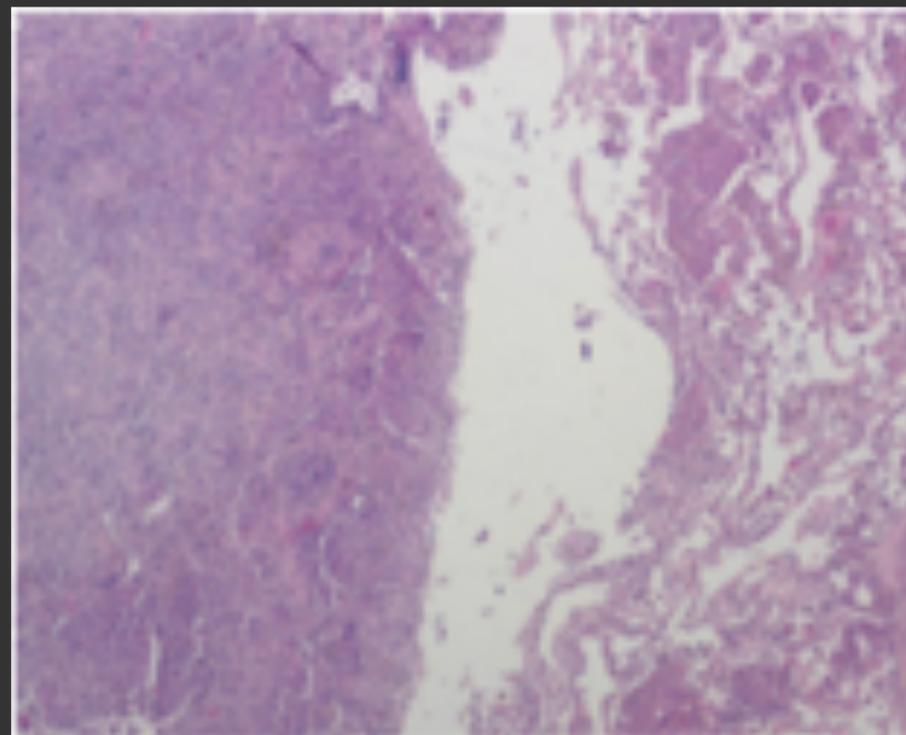
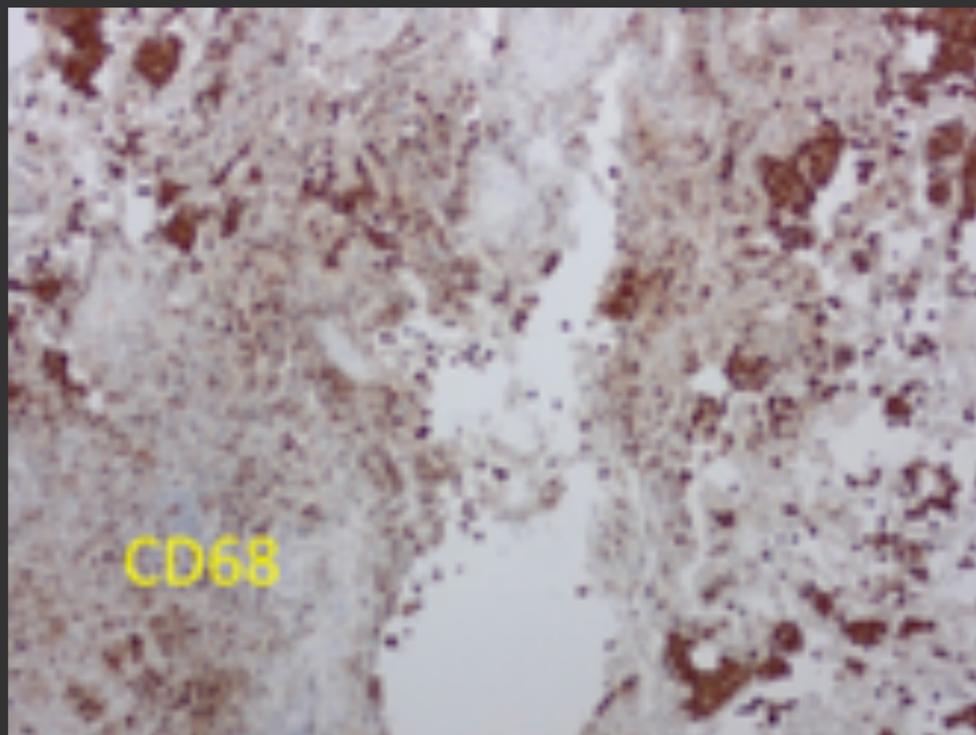
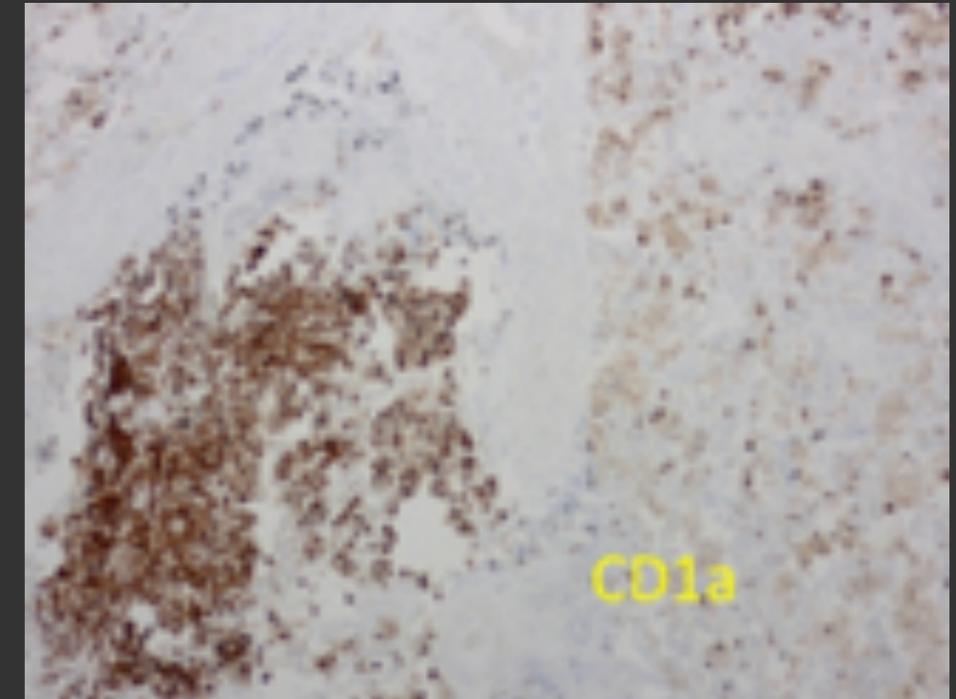
- New pulmonary nodules with cavitation
- Imaging pattern inconsistent with resolving infection
- Prompted re-evaluation of unifying diagnosis



Diagnostic turning point: lung biopsy

VATS lung biopsy :

- Granulomatous inflammation
- CD1a-positive Langerhans cells
- Diagnostic of Langerhans cell histiocytosis



Final Diagnosis -

MULTI-SYSTEM LANGHERHANS CELL HISTIOCYTOSIS

Disease Spectrum :

Involvement:

- Liver
- Lungs
- Central nervous system : cranial diabetes insipidus

Associated history :

Recurrent meningitis

Anterior skull base defect with CSF leak

Discussion

LCH is driven by MAPK–ERK pathway activation

- Adult LCH often presents as an indolent, multisystem disease.
- Hepatic LCH may progress from inflammatory infiltrates to fibrosis.
- Imaging may mimic infection and show misleading partial treatment response.

IMAGING EVOLUTION over time was the critical diagnostic clue in this case

- MDT discussion and repeat tissue sampling were essential.

Learning points

- Hepatic LCH is a rare but important mimic of infection.
- Lack of sustained radiological response should prompt reassessment.
- Imaging is central to recognising a typical disease behaviour.
- MDT collaboration and histological confirmation a key diagnosis.

References

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